

Stillbrook Massage Therapy

Massage therapy can help reduce the negative effects of joint pain, headaches, arthritis, high blood pressure, fibromyalgia and insomnia. Massage therapy also effects our mental well-being by increasing creativity, peacefulness and awareness of the mind, body and spirit connection. Our certified, registered massage therapists have a variety of massage techniques to suit everyone's needs.

Come and enjoy!

Deep Tissue
Therapeutic
Swedish Relaxation
Pre-Natal
Manual Lymphatic Drainage
Reflexology
Reiki

30 min	\$75
60 min	\$95
90 min	\$145

Hot Stone

60 min	\$110
90 min	\$160

Stone Therapy (hot and cold stone)

60 min	\$115
90 min	\$165

What to Expect

When receiving spa services at the Stillbrook Spa, you will be given a comfortable robe and sandals to wear between treatments.

There is a whirlpool, sauna and steam room that you may use before or after your treatment. If you wish to use the facilities you will be escorted to the change rooms which are not co-ed. Whirlpool, sauna and steam room are co-ed.

When you enter a treatment room your therapist will step outside, allowing you to disrobe in preparation for your treatment. During your treatment you will always be draped to protect your privacy. Please express any discomfort or special needs with your therapist.

Spa Etiquette

Please respect other spa guests. For your maximum pleasure and in consideration of other spa guests it is recommended that small children to not accompany you.

Please arrive at least 15 minutes before your appointment to fill out any forms and prepare for your treatments. Arriving late will deprive you of your treatment time. Your appointment will end as scheduled, so the next guest is not delayed.

If you wish to use the whirlpool, sauna and steam room prior to your appointment, please arrive at least 20-30 minutes before.

In appreciation for outstanding service, gratuities may be offered at your discretion. Gift certificates do not include gratuities.

If you are unable to make your appointment we would appreciate 12 hours notice to cancel or reschedule.

Thank You

We thrive on your satisfaction and hope to exceed your expectations, providing you with the best relaxation and therapeutic services available. Thank you again for choosing the Stillbrook Spa.

Prices are subjected to 5% GST and change without notice.

Hours of operation – Mon 10am-6pm / Tues – Fri 10am-9pm / Sat 10am-5pm

Located in the Clearwater Suite Hotel, 4 Haineault Street, Fort McMurray, AB

Phone #780-743-0578 • www.stillbrookspa.com



Introduction to Stillbrook Spa

The Stillbrook Spa invites you to enter a world of indulgence.

We are committed to providing a comfortable and relaxing environment far away from the hectic demands of life – a personalized experience that will satisfy your whole body and rejuvenate your mind, putting the focus where it belongs...on you.

Stillbrook Esthetics

In today's fast-paced society, people seem to work longer, relax less and encounter more stress. This lifestyle often leads to premature aging, dry skin and tired hands and feet. Let the highly trained esthetic staff at Stillbrook Spa provide you with the professional services you need to combat these issues and allow the real you to shine.

Classic Manicure	\$45
Signature Manicure	\$55
Classic Pedicure	\$60
Signature Pedicure	\$75

Signature Facials

EVERYDAY COMFORT \$70
40 minute express facial. Cleanse, tone, masque and moisture, with a facial massage and you're ready to go...

ACTION SUBLIME \$ 110
A favorite in Fort McMurray, this facial uses soy products and anti-oxidants to revitalize the skin. It treats and protects the skin from environmental damage, sun exposure and biological aging.

HYDRAMEMORY \$110
This is a splash of hydration for the face and neck. This treatment returns hydro-balance to the epidermis, helping restore tone, compactness and luminosity to the skin for the prolonged youthful skin.

SKIN RESONANCE \$ 110
This facial will intensify the skin's natural defense mechanisms. This will help rebalance reactive skin that is prone to redness, fragile capillaries and coupe rose. This treatment will leave the skin feeling cool and relaxed.

ACTIVE PURENESS \$120
An intensive cleansing facial that helps control oil, impurities and breakouts. Ideal for skin prone to oil and acne. Our therapist will choose between green clay or algae mask to finish the treatment that will leave the skin feeling fresh and even.

ABSOLUTE PEARL \$120
Our Shining Star! This facial increases luminosity and provides oxygenating and anti-oxidant action. It will leave the skin glowing with a more uniform and lighter color. This treatment is ideal for people with hyper pigmentation.

RECOVER TOUCH \$120
Treatment for dry and sensitive skin. This treatment uses anti-oxidants to neutralize free radicals and nourish the tissue. Leaving the skin feeling calm and moisturized.

CHRONO REVERSER \$120
A treatment for the ages! This facial stimulates cellular regeneration, and effectively improves the appearance of lines and wrinkles. It is a deep awakening anti-aging treatment that will leave the skin with a new exceptional texture.

MAN SPACE \$110
Stillbrook Spa offers three facials treatments especially for men.

ANTI-AGE PERFORMANCE is a treatment to contrast wrinkles and expression signs.

HYDRA PERFORMANCE is a treatment for dry and dehydrated skin. Ideal for skin that is compromised by biological and environmental stress, frequent flying, exposure to the sun and extreme weather conditions.

PURE PERFORMANCE is an active purifying treatment to remove impurities, rebalance oil production and leave skin with a clear matte finish.

ADD TO ANY FACIALS

Lip Blooming Treatment

Restore hydration and protect against environmental aging with this lip treatment that will leave you with a tingling sensation for plumping effects.

Eye Care Treatment

Treat expression lines, dehydration and unsightly swelling with this toning eye treatment that will leave you looking refreshed.

SIGNATURE BODY TREATMENTS

BODY STRATEGIST WRAP \$110
A natural organic wrap to soften and recondition skin while increasing elasticity and firmness. *Suitable for pregnancy and skin allergies.

MONTICELLI MUD WRAP \$130
Fruity peel exfoliation followed by a thermal treatment of Monticelli mud, essential oils infused with Italian thermal water. Provides profound detoxifying and reducing action.

ANTI-AGING FIRMING WRAP \$130
Fruity peel exfoliation followed by an innovative D-Age treatment that reserves the body's elasticity and firmness. Enhances skin tone, reduces the visible signs of aging and is ideal for post-pregnancy as well as weight loss.

Professional Hair Removal

Waxing

Eyebrow	\$15
Face	\$35 (upper lip, chin & cheek)
Face & Eyebrow	\$50
Upper Lip	\$17
Chin	\$15
Upper Lip & Chin	\$25
Underarm	\$25
Full Leg & Classic Bikini	\$90
Half Leg & Classic Bikini	\$75

Lower Leg	\$40
Upper Leg	\$40
Full Leg	\$60
Full Arm	\$35
Half Arm	\$30
Chest	\$40+
Back	\$50+
Back & Neck	\$55+
Abdomen	\$30+
Classic Bikini	\$55+

Threading

Eyebrow	\$20
Eyebrow and facial threading	\$25

Tinting

Eyelash Tint	\$25
Eyebrow Tint	\$22